

Can we reconstruct the most ancient words for pea (*Pisum sativum*)?

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Introduction

Pea (*Pisum sativum* L.) primarily originated in the Near East and subsequently diversified in the Mediterranean and Ethiopia (1). The ancestors of modern humans came in touch with pea and other grain legumes and cereals in the earliest stages of their colonization of Eurasia, taking place between 69,000 and 59,000 years ago via Sinai (2). The fossilized starch grains in calculus of the skeletons from Shanidar Cave in Iraq show that Neanderthals cooked both cereals and grain legumes such as pea, chickpea (*Cicer arietinum* L.) and lentil (*Lens culinaris* Medik.) about 46,000 years ago (3). The diets of European *Homo sapiens* hunter-gatherers during the last Ice Age were dominated mostly by lentil and bitter vetch (*Vicia ervilia* (L.) Willd.), as witnessed by the remains from Franchthi cave in Greece, from 11,000 BC (4), and the eastern coast of Spain, nearly 12,000 years ago (5). Pea is also one of the first cultivated crops in the Old World (6), with archaeological findings from present Syria dating back more than 10,000 years (7). The domestication of pea, lentil, bitter vetch, chickpea and faba bean (*Vicia faba* L.) could even predate cereals with firm evidence still missing (8).

A rather complex relationship between human genetics, ethnology and linguistics has already been attested (9). It was also demonstrated that a combined lexicological and etymological analysis may explain the paths of crop domestication, together with genomic and archaeobotanical approaches (10, 11). The first farmers in the Fertile crescent descended from those who left Africa in the first wave of migration. It is still extremely uncertain how their ancestors diversified during their long voyage from Africa to Eurasia, as well as if all their descendents managed to survive the last Ice Age. There are theories that it is possible that at least one of these groups was given this unique opportunity. In that way, what is designed as Borean could be the hypothetical language of this group of humans surviving the Last Glacial Maximum from 18,000 to 15,000 years BC, welcoming the Upper Paleolithic between 17,000 and 15,000 years BC (12, 13) and subsequently developing into both Eurasian Palaeolithic hunter-gatherers and Near East Neolithic proto-farmers.

Since the speakers of the hypothetical Borean language are thought to be the progenitors of those who domesticated the first plants and animals, this essay aims to assess the possibility of reconstructing the Borean word or words denoting pea or other closely related grain legume crops.

Materials and methods

This palaeolinguistic venture by one plant scientist was carried out in several stages. The first step was to search all available printed and electronic etymological resources for the words denoting pea and its closest agronomic and botanical relatives, namely lentil, bitter vetch, chickpea or faba bean, in both recognized and controversial language families. This step was essentially assisted by the electronic etymological databases of the *Evolution of Human Language* project (14).

In the second stage, all the collected roots related to pea and other ancient Eurasian grain legumes were linked together on the scale of two suspected language megafamilies stemming directly from Borean (12, 15, 16). The first Borean-descending megafamily is Nostratic, comprising Indo-European, Uralic, Altaic, Kartvelian, Dravidian, Paleosiberian and Afroasiatic families (17, 18) and with a single ultimate ancestor called Proto-Nostratic (19). Another one is Dene-Daic (15, 20), consisting of Dene-Caucasian and Austric superfamilies (Figure 1).

The third and the final stage of this study was to examine the possibility of the existence of the Borean roots (13) related to either pea or other ancient Eurasian grain legumes.

The families comprising languages of humans who never left Africa, namely Khoisan, Niger-Kordofanian and Nilo-saharan, and who left it in another migration, such as indo-Pacific, Australian and Amerind, were not the subject of this research.



Figure 1. Widely recognized language families of the world (74): Eurasiatic comprises Indo-European, Uralic, Altaic and Paleosiberian.

Results

Indo-European. The diversity of the words denoting pea in modern Indo-European languages reveals several Proto-Indo-European roots related to pea and leguminous plants in general (21). Those in the majority of the modern Romance and Celtic languages, as well as in modern English, owe their origin primarily to the Latin *pisum*, denoting pea, and ultimately to the Proto-Indo-European *pis-, meaning *to thresh* (22, 23). The words denoting pea in most of the modern Germanic languages originated from the Proto-Germanic *arwait, denoting the same (23). Together with the Latin *ervum*, denoting bitter vetch, this Proto-Germanic root was a development of the Proto-Indo-European *erǵ*(h)-, denoting a kernel of leguminous plant (34, 49). All modern Slavic languages have the origin of their words denoting pea directly in the Proto-Slavic *gorxu, denoting the same (24), and genuinely in the Proto-Indo-European *ghArs-, denoting a leguminous plant (22, 23). The words denoting pea in the modern Baltic languages are derived from the Proto-Baltic *zirn-ia, with the same meaning, and ultimately from the Proto-Indo-European *gʷr(a)n-, denoting grain (22, 23). The extinct Old Prussian and Old Indian reveal the Proto-Indo-European root *kek-, denoting primarily pea (22, 23). This root began to denote chickpea in Latin and Armenian (24).

Other' Nostratic families. There is no attested Proto-Uralic root directly associated with pea (25). However, the modern Uralic languages, spoken rather close to the supposed Uralic homeland in west Siberia (26), have their own and non-borrowed words denoting pea. They reveal the potential Proto-Uralic root, identical or similar to *kaca, denoting either a hole or cavity or a wooden vessel (25). The existing compendium of the words denoting pea in modern Altaic languages owes its origin to the Proto-Altaic *bukrV, denoting pea, nut and cone (27). No Proto-Kartvelian root associated with pea has been identified yet (28). On the other hand, there is a Proto-Dravidian root *parup denoting pea, pigeon pea (*Cajanus cajan* (L.) and other traditional grain legumes (29). There is also only one Proto-Afroasiatic root directly related to pea, *lay/w-~, *?Vll-~, *w/yVlal- (30).

Dene-Caucasian. There are two proto-roots denoting grain legumes in the Dene-Caucasian macrofamily (31). One of them is *hVwIV, denoting faba bean and evolving into the Proto-Caucasian *hdwl[a], where it denotes both bean and lentil (32), and the Proto-Basque *ilhar~ denoting faba bean, pea or vetch (33). Another Proto- Dene-Caucasian root is *xqor?a (~-r/i-), denoting a cereal and producing the Proto-Caucasian *qor?a (~-rh-) where it denotes pea (32), the Proto-Sino-Tibetan *kra (~-g-), denoting a kind of

grain (34) and the Common Burushaski **yarqs*, denoting pea (35). No root directly associated to pea or other grain legumes was found in Proto-Yenisseian (36).

Austriac. There are no attested Proto-Austriac roots related to pea, but there are two roots denoting grain legumes, **Pbaj* and **tVk* (37).

Discussion

Nostratic. The Proto-Nostratic language is considered to have split into Proto-Indo-European, Proto-Uralic and Proto-Altaic by 5000 BC (19, 38). This may give a solid basis to search for the common roots related to pea within these three groups (17, 18). The Indo-European family is by far the most studied and the most reconstructed of all within the supposed Nostratic macrofamily. The attested richness of the words denoting pea and other ancient Eurasian grain legumes witness a rather high level of the agricultural knowledge of the speakers of Proto-Indo-European (24) in their original homeland in the Pontic-Caspian steppe (39). This agrees well with the recent archaeological evidence that the Proto-Indo-European society was largely based upon agriculture (40), unlike some initial views as dominantly pastoral (41). The Proto-Indo-European **kek-* and the Proto-Uralic **kaca* could be the descendants of the single Proto-Eurasiatic root, with the latter being a memory of the times before the Proto-Uralic speakers inhabited the eastern slopes of the Urals and gradually give up agriculture in favor of fishing and hunting. still there are no attested corresponding words in other Nostratic families. However, there are certain roots morphologically similar with these two in Proto-Indo-European and Proto-Uralic. They are the Proto-Altaic **k[a]p~a*, denoting the act of covering or a sack (27) and the Proto-Kartvelian **kwrim-*, denoting a kind of millet, and **kaka*, related to grain, fruit stone or walnut (28). There is also an attested Proto-Nostratic root **kVSV*, denoting nut or acorn (42). All these roots have an obviously descriptive character and once could refer to pea and other grain legumes as well.

Dene-Daic. The Proto-Dene-Caucasian root related to pea, **xqdr?a* (~-rh-), has more numerous descendants related to pea as compared to another, **KVwIV*, related to pea only in Basque. It is noteworthy there are at least two additional Proto-Dene-Caucasian roots denoting cultivated crops and with a similar morphological development as two described above. These are **Gul?e* (~ *xG-), denoting a kind of cereal, and **xq(w)VrV*, denoting both a kind of weed and cereal (43).

Borean.

According to one of the most developed models (16), Borean split primarily into Nostratic and Dene-Daic branches, with the former comprising Eurasiatic and Afroasiatic groups and the latter consisting of Dene-Caucasian and Austriac groups (Figure 2).



Figure 2. Map of the hypothetical evolution of Borean (solid lines) into Nostratic (dashed lines) and Dene-Daic (dotted lines).

The Dene-Daic group was the first to separate from Borean, soon afterward dividing into Dene-Caucasian and Austric branches. Many see Dene-Caucasian as a group of remains of the older Paleolithic inhabitants of Eurasia that in many cases, such as the speakers of Basque, Caucasian and Burushaski, retreated to isolated pockets difficult to access and, therefore, easy to defend, remaining surrounded by the Nostratic proto-farmers coming from the Near East (44). In comparison to Nostratic, Dene-Caucasian is supported by weaker and less clear evidence, indicating that the geographic spread of Dene-Daic did occur before that of Nostratic (45). Recent genetic research shows that the Basque people have the most ancestral phylogeny in Europe based on the rare mitochondrial subhaplogroup U8a, placing their origin in the Upper Paleolithic and in West Asia (46). The second of two expansion periods from Central Europe occurred around 15,000-10,000 years ago (46). This could suggest that the starting point of the internal differentiation of the Dene-Daic macrofamily truly was in West-Central Asia.

On the other hand, the Borean-speakers remaining in the Near East could be direct precursors of the Nostratic-speakers, with the original homeland within the Fertile Crescent. Their evolution is represented by the Kebaran (18,000-10,500 BC) and the Zarzian cultures (12,400-8500 BC), with the broad spectrum revolution associated with microliths, the use of the bow and arrow and the domestication of the dog (47). At the end of the Last Ice Age, the speakers of Nostratic continued to develop their material culture and definitely invented agriculture and animal husbandry. Proto-Nostratic could be spoken in Epipaleolithic, between 15,000 and 12,000 BC, and started to differentiate by 8000 BC. It covered the entire Fertile Crescent and beyond to Egypt and along the Red sea to the Horn of Africa, bringing forth Proto-Afroasiatic (19). It spread into the Caucasus, producing Proto-Kartvelian, the Iranian Plateau, evolving into Proto-Elamo-Dravidian, and into Central Asia, where Proto-Eurasian further subdivided by 5000 BCE into Proto-Indo-European, Proto-Uralic and Proto-Altaic (19).

These results show that the words related to pea or other related ancient Eurasian grain legume crops are more or less satisfactorily attested in a few direct or indirect descendants of Borean. If we apply the identification of easily recognizable similarities as the very first step in any kind of comparative linguistics (48), is it feasible to connect the Proto-Indo-European *kek-, the Proto-Uralic *kaca and the Proto-Dene-Caucasian *xapr?a (~-rh-). Could they be related to each other or is it a pure coincidence or a simple borrowing from each other? It is true that the roots for many crops were developed from either verbs or adjectives they had been very closely associated with (49, 50). There are two examples of the reconstructed Borean roots that are morphologically similar to what one may expect the Borean root denoting pea looked like. These are *KVCV (Figure 3) and *KVNKV (Figure 4), with a hypothetical evolution developed in most of their direct and indirect languages. Are these two roots related to the

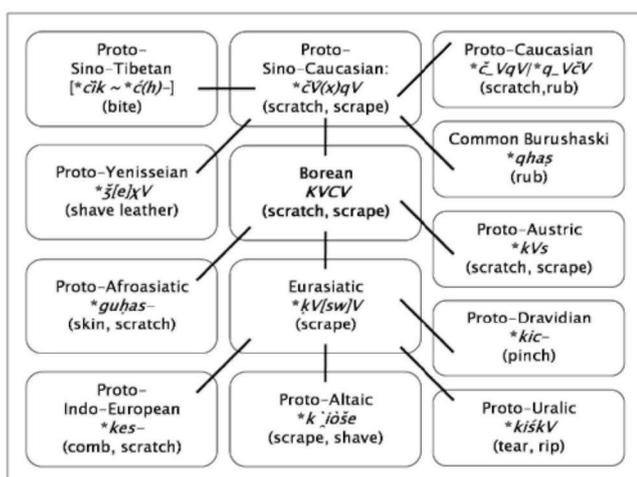


Figure 3. The evolution of the Borean root *KVCV (32)

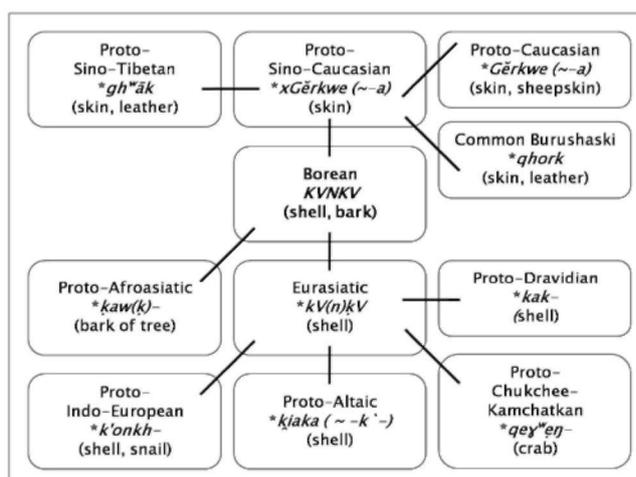


Figure 4. The evolution of the Borean root *KVNKV (32)

hypothetical and non-attested root related to pea in any way, regardless if the pea pods were simply gathered from wild flora or cultivated? Could it be that the verbs *to scratch* and *to scrape* were somehow associated with the very action of shelling pea seeds out of its pods? Also, could the nouns *shell* and *bark* refer to shell-like and skinny pea pods containing precious grains? This issue will surely remain open until a more detailed historical linguistic analysis is carried out. It is to be anticipated that its outcome could bring a root or the roots that were not necessarily associated with solely one species such as pea. Pea, lentil, chickpea and bitter vetch were surely easily recognizable for their shell-like and skinny pods with grains eaten cooked. In that way, this essay could equally assess the possibility of reconstructing the most ancient words not only for pea, but also for lentil, chickpea or bitter vetch: in the end, all of them could easily be considered very similar to each other or even identical in the everyday life of the ancient hunter-gatherers or proto-farmers of Eurasia.

Conclusions

Evidence of the use of pea in the diets of both Neanderthals and modern humans is confirmed with new findings. If the speakers of the Proto-Dene-Daic dominated Eurasia during the last stages of the Paleolithic, pea and other related ancient grain legumes were well known to them from wild flora, as they gathered them with cereals. On the other hand, speakers of the Proto-Nostratic, the first farmers of the Old World, domesticated pea together with other grain legumes and cereals. The existing linguistic thesaurus related to pea and other grain legumes in the descendants of the hypothetical Borean is rather rich and surely deserves more attention. A solid and deep reconstruction of the Borean words for pea and related grain legumes should be carried out, as it has been successfully done for other numerous everyday terms. Such linguistic attempts could assist in learning much more on the use of pea and other basic food crops by our ancestors and the individual steps in their domestication. This modest attempt represents an invitation to all those interested in crop history, namely archaeologists, archaeobotanists, plant scientists and linguists, to work together and develop multidisciplinary approaches offering answers to the issues related to the very dawn of mankind.

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